Bellevue Family Counseling, LLC 1601 116<sup>th</sup> Ave NE, Ste. 102 Bellevue, WA 98004 Main 425-417-4700 Fax 425-454-1476

# Disclosure of Information, Policies & Client Agreement

## Your rights as a client in counseling and coaching

Therapists and counselors practicing for a fee in the State of Washington must be registered or licensed with the Department of Health for the protection of the public health and safety. Registration or Licensure of a counselor with the Department does not include recognition of any practice standards nor necessarily imply the effectiveness of any treatment.

If you feel we have behaved in an unprofessional or unethical manner, please advise us so that the problems can be addressed and resolved. If you believe that does not resolve the issue, you may contact the Department of Health.

Washington State Department of Health Health Systems Quality Assurance Complaint Intake P.O. Box 47857 Olympia WA 98504-7857

### **Confidentiality**

As a client you have privileged communications under state law. We will hold all communication with you in strict confidence and will not share information about you without your written consent. However, by law there are certain exceptions to your rights of confidentiality. These are:

- 1. If we believe you are likely to do harm to yourself or another person.
- 2. If we believe that you may be physically or sexually abusing or neglecting a minor or vulnerable adult, or if you report the possible abuse or neglect of a child.
- 3. If we receive a subpoena to provide information.

#### **Appointments & Fees**

Each session lasts 50 minutes unless we arrange in advance for a longer time. The scheduled time for your session is set aside for you. If you miss a session without canceling or if you cancel with less than 24 hour notice, we will bill you in full for that time.

Bellevue Family Counseling's session fees are \$130 per 50 minute session and prorated for longer times. These rates are the same for the initial evaluation, subsequent 50 minute sessions and for any work we do outside of session to support your progress in counseling or coaching. Rates for legal services are different. These rates are posted on the websites in the Appointment/Forms section. Bellevue Family Counseling, LLC accepts cash or checks, Visa/MC, Discover, Amex and Pay Pal.

### **Payment & Insurance Reimbursement**

Bellevue Family Counseling, LLC collects session fees at the end of each session. We may be able to submit a claim to your insurance company on your behalf or upon request you may be provided with a detailed receipt. Monthly statements are sent to you if you have a balance due. There will be a 1.5% or \$25.00 charge on unpaid balances more than 60 days old. If the bill becomes more than 90 days past due it will be sent to a collections agency.

I have read the Disclosure of Information, policies & client agreement; I understand and agree to its terms and conditions, including:
I hereby authorize my provider to consult with other providers employed by Bellevue Family Counseling, LLC as well as with any contracted Washington State approved supervisors as specified by the Washington State Department of Health. Your confidentiality will be protected per HIPPA guidelines.
☐ I understand and agree that Bellevue Family Counseling, LLC, does not take or maintain any session notes beyond what is legally required under Washington State Law.
I hereby grant permission to Bellevue Family Counseling, LLC, to communicate with me via email and texting. I understand that email and texting is not considered a secure form of communication; I understand and accept this risk.
IF FILING AN INSURANCE CLAIM / SEEKING REIMBURSEMENT
If you would like Bellevue Family Counseling, LLC to file a claim with your insurance company, we will take down information from your insurance card and file your claim as a courtesy. However; it is your responsibility to understand the behavioral health benefits of your insurance policy including deductible and co pay amounts. <u>Unless Bellevue Family Counseling, LLC is on the provider list at your insurance company, we will collect our full fee up front.</u> Session fees or any co pays are due at the time of service regardless of the coverage of your insurance policy. Note: Parent coaching it not covered by any insurance company.
If the insurance company denies reimbursement for any reason, please note that you are responsible for the balance. You will receive a copy of the same explanation of benefits that we receive from the insurance company. If they deny the claim, it is your responsibility to negotiate reimbursement from your insurance company. Monthly statements are sent to you if you have a balance due. There will be a 1.5% or \$25.00 charge on unpaid balances more than 60 days old. If the bill becomes more than 90 days past due it will be sent to a collections agency.
☐ I understand that I am responsible for paying for any services not reimbursed by my
insurance company within ninety days of the date of service. I assign directly to Bellevue Family Counseling, LLC all insurance benefits otherwise payable to me for services rendered. I further authorize Bellevue Family Counseling, LLC to release all information necessary to secure payment of benefits.
Date:
Client Signature Date:
Additional Client Signature or Parent / Guardian